SAURASHTRA UNIVERSITY

CHOICE BASED CREDIT SYSTEM (CBCS)
IN U.G. (ARTS) SYLLABUS

FOR

PSYCHOLOGY
B.A. SEMESTER-I TO VI

1. CORE COURSE (CCT)
2. ELECTIVE COURSE (ECT)

[A draft of C.B.C.S. Courses in B.A. Psychology Submitted for Revision
of Curriculum to be executed from June, 2016]

BOARD OF STUDIES
OF
PSYCHOLOGY

Dr. Ranjitsinh G. Parmar
Chairman
Board of Studies
of
Psychology
SAURASHTRA UNIVERSITY

CHOICE BASED CREDIT SYSTEM (CBCS) IN U.G. (ARTS) SYLLABUS

FOR

PSYCHOLOGY

B.A. SEMESTER-I TO VI

CORE COURSE (CCT) AND ELECTIVE COURSE (ECT)

[IN FORCE FROM JUNE-2016]

Regular Students can B.A. Semester I, II, III, IV, V & VI for Psychology as B.A. Degree. There shall be 22 courses and 68 credits in Psychology.

- Allocation of Hours for Course Teaching... 3 Credits 100 marks
- Allocation of Hours for Practical...... 6 Credits 100 marks
- Regular Examination
  [1] External Examination Marks 100 Marks
      Short, Long Questions, Short Notes Marks
  [2] For Practical Paper Marks 100 Marks
      Report Writing 40 + Performance 20 + Journal 20 + Viva Voce 20 Marks
  [3] जे परीक्षाधीन सेमेस्टर—प अने ५ माह प्रेक्षीकरण परीक्षा आयोजन नहीं की गई, तेनी विषयों परीक्षा मान्य गणनामय आयोजन नहीं. (संविदासित्तिमा नियम R. Arts-14 मुख्य परीक्षाधीन अन्योंविशिष्ट प्रेक्षीकरण परीक्षामां ४० मार्क्स में भाग नहीं लिये गये हैं)

only External Exam Student Exam Time : 2/15
Section – I
Que. 1 to 5 14 Marks
Section – II
Que. I & II 15 Marks 45 Minutes
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 1 : Basic Psychological Processes –1

Course (Paper) Unique Code  CORE  1601270101010101
Course (Paper) Unique Code  ELECTIVE-1  1601270201010101
Course (Paper) Unique Code  ELECTIVE-2  1601270301010101

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus on some important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Unit-1 : Historical Introduction to Psychology
~ Introduction
~ Historical Development of Psychology
~ What is Psychology? New Definition, Nature, Scope
~ Goals and Utility of Psychology
Unit : 2 Method of Psychology
~ Observation Method
~ Experiment Method
~ Interview Method
~ Questionnaire Method
Unit : 3 Biological and Environmental Factor of Behaviour
~ Meaning and process of Heredity
~ Definition and Type of Environment
~ Heredity and Environment factors affect each other
Unit : 4 Attentions
~ Definition of Attention
~ Nature
~ Effecting Factors of Attention
Unit : 5 Perceptual Processes
~ meaning of Perception
~ Nature
~ Effecting Factors of Perception
~ Laws of Organization in Perception
Reference Book:

~ B. Kuppuswami – An Introduction to Psychology
~ आनंद कूप्पस्वामी – ऐन इन्ट्रोड्यूशन टू पेय्शलॉजी, टी. एन. पी. एड़ी
~ General Psychology – Dvan Nostran Com. – J. P Filfouir
~ Elements – Rech Devid
~ Psychology – Norman L. Munn
~ A Psychology Living – Sorenson & Molm
~ Basic Psychological Process-1, Dr. R. G. Parmar, Dr. C. B. Jadeja,
  Dr. Jignesh Tapariya
~ Basic Psychological Process-1, Dr. J. A. Jarsaniya, Dr. Jayesh
  Bhalala, Dr. R. K. Chocha
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 1 : Crime Psychology

Course (Paper) Unique Code  CORE  1601270101010102
Course (Paper) Unique Code  ELECTIVE-1  1601270201010102
Course (Paper) Unique Code  ELECTIVE-2  1601270301010102

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Course Objectives:
This course should help Students:
1. This Course aim at providing conceptual foundation of human specially man if focuses in the life span in different domains with an emphasis on the cultural context and man problem.
2. Learn to use Psychology and other information sources.

Unit-1 : 1 Crime and Crime Psychology
~ Introduction
~ Meaning of Crime Psychology
~ Nature of Crime Psychology
~ Types of Crime Psychology
~ Scope of Crime Psychology

Unit : 2 Theory of Crime
~ Economical Theories
~ Political Theories
~ Sociological Theories
~ Psychological Theories

Unit : 3 Reason of Crime
~ Economic
~ Political
~ Sociological
~ Psychological

Unit : 4 Juvenile Crime
~ Introduction
~ Meaning of Juvenile Crime
~ Causes of Juvenile Crime

Unit : 5 Prevention of Crime
~ Introduction
~ Model of Crime Prevention
Reference Book:
~ Psycho-Killers, inside the monsters mind, Outlook. Mehta V, Editor. New Delhi, Jan 2007. Back to cited text No. 2
~ Abramsen D. Who are the guilty. Green Wood Press : West Port CT: 1952 Back to cites text no. 6
~ Crime Psychology with New Concept, 2010 Paradise Publishers, Jaipur
  Dr. R. G. Parmar, Dr. Jignesh H. Tapariya
~ Psychology of Crime, 2009, Surya Prakashan, Kanpur. Dr. R. G. Parmar
Course Objectives:
1. This Course aim, at providing conceptual foundation of human development specially child development. It focuses on development in the life span in different domains with an emphasis on the cultural context and child problems.
2. Learn to use Psychology and other information sources.
3. Importance of Child Psychology
Unit-1: Introduction of Child Psychology
~ Introduction
~ Definition, and Nature of Child Psychology
~ Scope of Child Psychology
~ Importance of Child Psychology
Unit : 2 Method of Child Psychology
~ Observation
~ Event Note
~ Autobiography
Unit : 3 Growths and Development
~ Meaning of growth and development
~ Characteristics of growth and development
Unit : 4 Disciplines and Authority
~ Meaning of Discipline and Authority
~ Various nature of Home Authority
~ Characteristics of good Discipline
~ Characteristics of proper Punishment
Unit : 5 Conflicts and Frustration
~ Meaning of conflicts and Frustration
~ Reasons of conflicts and Frustration in Child
~ Remove of Frustration
Reference Book:

- भारतीय आचारित्र – लाल. क. जानपाणकर, रंगीले, डॉ. रामकेश्वर पापर, डॉ. चोपरा
- Dynamics of Child Development – H. B. English
- Child Development – Crow & Crow
- भारतीय आचारित्र – अंबाने निर्माण ऑर्डर – सल. पी. पेटेल
FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 1 : Adolescent Psychology

Course (Paper) Unique Code  CORE  1601270101010202
Course (Paper) Unique Code  ELECTIVE-1  1601270201010202
Course (Paper) Unique Code  ELECTIVE-2  1601270301010202

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Course Objectives:
This course should help Students:
1. To aim part knowledge about the normality
2. To make student understand the nature and course of various adolescent conditions
3. To impart knowledge in skills needed for psychological assessment and different condition
4. Use to filed of adolescent Psychology

Course Outline:
Unit-1: Introduction to Adolescent Psychology
~ Introduction
~ Definition
~ Stage of Human Development
~ Subject Filed of Adolescent Psychology
Unit : 2 Method of Child Psychology
~ Physical
~ Mentally
~ Emotional
~ Social
Unit : 3 Personality Development
~ Meaning of Personality Development
~ Needs of Personality Development
~ Personality Characteristics of Adolescent
Unit : 4 Development of Aptitude, Attitude and Belief
~ Meaning of Discipline and Authority
~ Meaning of Aptitude
~ Nature of Aptitude
~ Development of Attitude and Belief
Unit : 5 Psychosexual Adjustment
~ Attitude of Sexuality
~ Attitude of Love – Attitude of Life Partner
~ Psychosocial Relation in Married
Reference Book:
~ Elizabeth Hurlock "Developmental Psychology" M. C. Graw Hill
~ Lawrce Fenk,"Developmental Psychology"
~ Karl Garrison, "Development of Applied and Attitude Psychology"
~ Development Psychology – Pre Yogendra K. Desai
~ Dr. R.G. Parmar, Human Development & Adolescent Psychology,
  Sau. University
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 3 : Basic Psychological Processes - II

Course (Paper) Unique Code  CORE  1601270101020301
Course (Paper) Unique Code  ELECTIVE-1  1601270201020301
Course (Paper) Unique Code  ELECTIVE-2  1601270301020301

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Course Objectives:
This course should help Students:
1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Course Outline:
Unit-1 : Learning
~ Meaning and Nature of Learning
~ Effective variable of Learning Process
Unit : 2 Memory
~ Meaning
~ Stages of Memory
~ Characteristics of Good Memory
~ Definition of Forgetting
~ Determinants or causes of forgetting
Unit : 3 Motivations
~ Definition
~ Nature
~ Types of Motivation
Unit : 4 Personality
~ What is Personality ?
~ Types of Personality
~ Factor affecting of Personality
Unit : 5 Mental health and Healthy Social Relations
~ Definition
~ Damaging Factors of Mental Health
~ Basic Principals of Human Relations
~ What type of people we like ?
~ What type of people we do not like ?
References:
~ B. Kuppuswami – An Introduction to Psychology
~ आमन्दा मनोविज्ञान – पुनर्विकृति प्रेम निर्माण आर्ट – डॉ. श्री. पी. बख्त
~ फार्मी अजीत कुमार व गुरूरामन्त्री
~ General Psychology – Dvan Nostram Com. – J.P. Gilfourd
~ Elements – Rech Devid
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Course Objectives:
This course should help Students:
1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus some important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Course Outline:
Unit-1:
~ Definition and Nature
~ Scope & Methods
~ Important of Cognitive process
~ Theory of Cognitive Psychology

Unit : 2 Contemplation and Problem Solve
~ Definition, Nature types of Cognitive Lesson
~ Self Contemplation
~ Reales
~ Meaning, nature of problems solving
~ Method aim care of problem solving

Unit : 3 The Concept and Memory
~ Nature and Important of Concept
~ Type of Concept
~ Meaning and Steps of Memory
~ Type of Memory

Unit : 4 Creative and logic
~ Definition nature of Creative
~ Steps of Creativity
~ Meaning, nature of logic
~ Types of Logic

Unit : 5 Decision making process
~ Difference of Decision making
~ Self research in decision making
~ Bias and error in decision making
References:

~ Bear – M.F. Connors, B.W. Pardiso – Nearo Science
~ GFZFI6 XF:+L NFJ0 v EFZTLI DGMJ7FG
~ ZFDSJDFZ ZFI v V;FDFgI DGMJ7FG
~ ,1DL XJS,F v EFZTLI DGMJ7FG
~ ऑपरेटिंग मनोविकल – डॉ. योगेन अं. जोगल, डॉ. जनेश अं. भाओ, अंबर जनवेदन, अमनलाह
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 4 : Child Development Psychology

Course (Paper) Unique Code
CORE 1601270101020401
ELECTIVE-1 1601270201020401
ELECTIVE-2 1601270301020401

Course Objectives:
This course should help Students:
1. This Course aim, at providing conceptual foundation of human development specially child development. It focuses on development in the life span in different domains with an emphasis on the cultural context and child problems.
2. Learn to use Psychology and other information sources.
3. Importance of Child Psychology

Course Outline :
Unit-1 Approaches of Child Psychology
~ Old Ideas about Child
~ Modern Ideas about Child
~ Important of Approaches in Child Psychology
Unit : 2 Psychological Aspects of Illness
~ Introduction
~ Types of Illness
~ Psychological Effects of Long Illness
~ Obligation of parents and Teacher to Illness and Physical Handicaps Child
Unit : 3 Physical Handicaps in Child
~ Types of Physical Handicaps
1. General Defect
2. Special Defect
Unit : 4 Social and Emotional Development
~ Introduction of Social Development of Child
~ Meaning and Nature of Emotion
~ Contribution of Peer Group in Social and Emotional Development
Unit : 5 Intellectual and Language Development
~ Factor Affecting the Intellectual Development
~ Factor Hindering and Treatment Intellectual Development
~ Language Development
~ Factor Affecting of Language Development

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- भारतीय मनोविज्ञान – सी. जयनाथसरी एण्ड दीपक साह, प्र. भाऊणा, प्र. दारसिया, प्र. योवा
- Dynamics of Child Development – H. B. English
- Child Development – Crow & Crow
- भारतीय मनोविज्ञान – कंब्र निमंडल अंडर – सी. पी. पटेकर
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 4 : Psychology of Effective Behavior

Course (Paper) Unique Code
CORE 1601270101020402
Course (Paper) Unique Code
ELECTIVE-1 1601270201020402
Course (Paper) Unique Code
ELECTIVE-2 1601270301020402

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. To impart knowledge about the normality
2. To make students understand the nature and course of various effective behaviour conditions.
3. To impart knowledge and skills needed for psychology.
4. Learn to use Psychology and other information sources.

Course Outline:
Unit-1: Problem of Adjustment (Stress)
~ Introduction
~ Meaning of Stress
~ Types of Stress
~ Frustration
~ Conflict
Unit : 2 Adjustments in Marriage Life
~ Exception of Marriage Life
~ Selection of Life Partner
~ Marriage and Adjustment
~ Divorces
Unit : 3 Vocational Competences
~ Vocational choice as a Problem
~ Problem of Vocational Adjustment
~ Future of Vocation
Unit : 4 Emotion Competence
~ Factors of Emotional Competence
~ Dealing with Problem Emotions – Fear, Anxiety, Worry, Anger Hostility, Guilt, Depression, Grief – (in Short)
~ Love – A Problem Emotion
Unit : 5 Intellectual Competence
~ Factor of Learning Process
~ Creative Thinking
References:
~ Psychology and Effective Behaviour – J.C. Coleman
~ Psychology and Effective Behaviour – C. Jamnadas Co.
~ Psychology and Effective Behaviour – Gujarat University, C.T. Bhopatkar
~ Psychology and Effective Behaviour – Bharat Institutes
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 5 : Psychopathology

Course (Paper) Unique Code  CORE 1601270101030501
Course (Paper) Unique Code  ELECTIVE-1 1601270201030501
Course (Paper) Unique Code  ELECTIVE-2 1601270301030501

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Course Objectives:
This course should help Students:
1. To impart knowledge about the normality.
2. To make students understand the nature and course of various abnormal conditions.
3. To impart knowledge and skills needed for psychological assessment of different normal conditions.
4. To impart various of personal adjustments.

Course Outline:
Unit-1 : Introduction of Psychopathology
~ Introduction
~ Meaning Nature and Scope of Psychopathology
~ What is Abnormality ? (Meaning of Abnormal)
~ Characteristics of Normal – Abnormal Personality

Unit : 2 Frustration and Stress
~ Introduction
~ Meaning of Frustration
~ Reason and Results of Frustration
~ Introduction and Meaning of Stress

Unit : 3 Defiance Mechanism
~ Introduction of Defiance Mechanism
~ Definition of Defiance Mechanism
~ Function and Types Defiance Mechanism

Unit : 4 Neurosis
~ Meaning of Neurosis
~ Characteristic of Neurosis

Unit : 5 Types of Neurosis
~ Types of Neurosis
1. Anxiety
2. Phobia
3. Obsessive Compulsive Reactions
4. Dissociative Reactions
5. Conversion Reactions
6. Depressive Reactions
Reference:
~ Lamm A. Introduction to Psychopathology, Page Pub. N.Y. 1997
~ Buss A.H. Psychopathology, John Willey N.Y. 1999
~ Lehner & Kube, Dynamics of Personal Adjustment, Prentice Hall 1996
~ Sorenson H. and Malm M. "Psychology for Living" N. Y. Megralo Hill 1997
~ Mc Kinne, Fred "Psychology of Personal Adjustment" N. Y. wila
~ न्योरेज्यासल्ज अनि वैश्विन्द्य समाजोऽकृं मनोविश्वासाचार सत्ता, ज्ञानाद्वारा डिप्स याच
 कुंभली, ज्ञानाधारी विभेदक, कर्मचारी, आलाप, प्राणीय, मिठि
~ The Dynamic of Personal Adjustment – Lehner & Kube
~ Elective – Social Psychology
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 5 : Positive Psychology

Course (Paper) Unique Code
CORE 1601270101030502
ELECTIVE-1 1601270201030502
ELECTIVE-2 1601270301030502

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. To impart knowledge about the normality.
2. To make students understand the nature and course of positive conditions.
3. To impart knowledge and skills needed for psychological assessment of different normal conditions.
4. To impart various of personal adjustments.

Course Outline:
Unit-1 : What is positive Psychology & its relationship
~ Meaning & Goals of Positive Psychology
~ Relation of others Psychology
~ Characteristics of Normal – Abnormal Personality
Unit : 2 Happiness & Well-being
~ What is happiness
~ Meaning of Happing & Well-being
Unit : 3 Positive Emotions
~ What is Positive Emotions
~ Who do Positive Emotions in life
~ Positive Emotions & Health Resource
Unit : 4 Happiness & Facts of Life
~ Happiness Across the life span
~ Positive Moods & Behaviour
~ advantage in married life
~ Selection to Effects
Unit : 5 Happiness & Culture
~ All concept of happiness meaning
~ Styles of Happiness in America
~ Styles of Happiness in Asia
Reference:

~ Seven Study by Faideyck
~ Happiness in Married Life
~ विवाह मनोविकांत, पांचवष पन्नीक्षण, डा. विदित अभिन शाह, डा. अर्थवृद्धिजय जन्मादी
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 6 : Social Psychology-I

Course (Paper) Unique Code  CORE  1601270101030601
Course (Paper) Unique Code  ELECTIVE-1  1601270201030601
Course (Paper) Unique Code  ELECTIVE-2  1601270301030601

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Course Objectives:
This course should help Students:
1. Appreciate how individual behaviour in influenced by Social and Cultural context
2. Understand how social behaviour can be analysed in terms of social Psychological Theories
3. Realise how social Psychological knowledge can be used in solving social problems.

Course Outline:
Unit-1 : Introduction of Method of Social Psychology
~ Introduction
~ Definition, and Nature of Social Psychology
~ Scope of Social Psychology
~ Importance of Utility of Social Psychology
Unit : 2 Method of Social Psychology
~ Interview Method
~ Filed study Method
~ Sociometrist Method
Unit : 3 Socialization
~ Introduction
~ Definition of Socialization
~ Process of Socialization
~ Mediators (Tools) of Socialization
Unit : 4 Social Interactions
~ Meaning and Types of Social Interaction
~ Assisting (Mechanisms) of Social Interaction
  1. Meaning, Nature and Types of Suggestion
  2. Meaning, Nature of Types of Imitation
Unit : 5 Social Attitudes
~ Definition, Nature of Attitude
~ Formation and Change of Attitude
~ Measurement of Attitude
Referents Book:

- Social Psychology – Soloman Asch
- An outline of Social Psychology – Sheriff & Sheriff
- Social Psychology – I. M. Newcomb
- Social Psychology – Jamnadas & Co., Dr. Bhalala, Dr. Dadhaniya, Dr. Jarsaniya
- Social Psychology – Jamnadas & Co., Dr. Bhalala, Dr. Dadhaniya, Dr. Jarsaniya
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 6 : Applied Psychology

Course (Paper) Unique Code  CORE  1601270101030602
Course (Paper) Unique Code  ELECTIVE-1  1601270201030602
Course (Paper) Unique Code  ELECTIVE-2  1601270301030602

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. Appreciate how individual behaviour in influenced by applied and cultural context.
2. Understanding how to applied behaviour can be analysed in terms of applied Psychological Theories
3. Realise how applied Psychology knowledge can be used solved social problems.
4. Learn to use Psychology and other information sources.

Course Outline:
Unit-1 : Introduction to applied Psychology
~ Definition, Nature of applied Psychology
Unit : 2 Treatment & Psychology
~ Diagnosis & Treatment
~ Psychotherapy, Physical & Chemical Treatment, the Steps
~ For the prevent of Mental Disease
Unit : 3 Psychology in Industry
~ Occupational Analysis & Worker Selection
~ Placement, effective condition of work, Human relation in Industry
Unit : 4 Psychology in the field of Business
~ Business & Psychology, Relation between Businessman & Employee
~ Need of Public Contact, Effectiveness of Advertisement & Use of Psychology in Advertisement
Unit : 5 Psychosexual in Home Life
~ Nature and Function of Family problem & Function of Modern Home
~ Home life and Social Heredity, The Home Transient, Fundamental need of a Chilled.
Reference

~ Gray F Stanly : Psychology in use Second Ed.
~ Morgan C.T. : Introduction to Psychology
~ Dr. Stone & Stone Married Psychology
~ Atwater : Psychology for Living Adjustment and Behavior
  Fifth Ed. 1995 Prentice Hall of India Pvt. Ltd., Delhi
~ Somabhai Patel : Salah Mnovigyan, University
  Granth Nirman Board
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 7 : System and Theories of Psychology-I

Course (Paper) Unique Code  CORE  1601270101030700

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. To impart knowledge about the systems of Psychology
2. To make students understand the nature and course of various schools of psychology.

Course Outline:
Unit - I: Introduction of School Psychology
~ Meaning and Characteristics of School
~ Reason of existence of School in Psychology
~ Function and Importance of School Psychology

Unit: 2 Structuralism
~ Introduction of Structuralism
~ Theory of Structuralism
~ Roll of Wilhelm Wundt

Unit: 3 Functionalism
~ Functionalism
~ Functionalist

Unit: 4 Associationism
~ Meaning, Rules and Principal of Associationism
~ Contribution of Associationism in Psychology
~ Contribution of Thorndike
~ The basic rolls of Pavlov

Unit: 5 Behaviorism
~ Principal of Behaviorism
~ Contributions of Watson, Lesley in Behaviorism
~ Contributions of Guthrie, Skinner in Behaviorism
References:
~ Theory and System, B.A. Parikh, Uni. Granth Nirman Board
~ Dr. B.A. Parikh : Siddhanto ahe Sampradayo. Uni. Granth Nirman Board
~ Woodworth : Schools of Psychology
~ क्र. र. वर्ण : मनोविज्ञान विचारधारा। नि० निर्माण बोर्ड
Course Objectives:
This course should help Students:
1. To impart knowledge about the normality
2. To make students understand the nature and course of various adjustment conditions
3. To impart knowledge and skills needed for psychological assessment of different adjustment conditions
4. To impart various of personal adjustments.

Course Outline:
Unit-1: Personal Adjustment
~ Introduction
~ Definition and Meaning of Adjustment
~ Characteristic of Adjustment
~ Process of Adjustment
~ Improvement of Adjustment
Unit : 2 Family Adjustment
~ Introduction
~ Meaning of Family
~ Function of Family
~ Family Problem
~ Suggestions for Family Adjustment
Unit : 3 School Adjustment
~ School-A New Experience
~ Relation between Home and School
~ Relation between Teacher and Student
~ Factor affecting in Education
Unit : 4 Vocational Adjustment
~ Factors Effecting of Vocation Choice
~ Factors Effecting of Vacation Satisfaction
~ Be Woman Vocation
Unit : 5 Psycho-Sexual Adjustment
~ Attitudes for Sexuality
~ Attitudes for Love
~ Choice of Life Partner
~ Why did same People no Marriage?
References:
~ Lamm A. Introduction to Psychopathology, Sage Pub. N.Y. 1997
~ Buss A.H. Psychopathology, John Willey N.Y. 1999
~ Lehner & Kube, Dynamics of Personal Adjustment, Prentice Hall N.Y. 1996
~ Sorenson H. and Molm M. Psychology for Living Megralo Hill N. Y. 1997
~ Bernard H. "Toward Better Personal Adjustment NCGrew Hill N.Y. 1957
~ The Dynamic of Personal Adjustment – Lehner & Kube
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 8 : Community Psychology

Course (Paper) Unique Code  CORE  1601270101040802
Course (Paper) Unique Code  ELECTIVE-1  1601270201040802
Course (Paper) Unique Code  ELECTIVE-2  1601270301040802

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. To impart knowledge about the normality
2. To impart various of personal adjustments.

Course Outline:
Unit-1: Introduction to Community Psychology
~ Introduction
~ Community Psychology
~ A shift of perspective
~ Seven Basic Value in Community Psychology
Unit : 2 Development of Community Psychology
~ Development of Community Psychology
~ Personality Science in Psychology
~ Cultural perspective in Psychology
~ Community Psychology Emerges intyrs in America
~ Social Change and Liberty Movement
Unit : 3 Aim of Community Research
~ Question for Community Research
~ Community Participation and collaboration in research decision
Unit : 4 Method of Community Research
~ Question are method
~ Quantitative Method
Unit : 5 Understanding Community
~ What is Community
~ Types of Community
~ Levels of Community
~ Question and issues defining of Community

References:
~ Delton – Elis, Wandersman – Community Psychology
~ Davis Drive, Bolmoant C.A. – Higher Execration
~ जनसुधय जनजीवन - प्र. अरविंद शास्त्री, श्रीमती अ. अंक. ओउपरी
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Social Psychology-2

Course (Paper) Unique Code  CORE  1601270101040901
Course (Paper) Unique Code  ELECTIVE-1  1601270201040901
Course (Paper) Unique Code  ELECTIVE-2  1601270301040901

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Course Objectives:
This course should help Students:
1. Appreciate how individual behaviour is influenced by Social and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Social Psychological Theories
3. Realise how Social Psychological knowledge can be used in Solving Social Problems.

Course Outline :
Unit-1: Meaning, Characteristics of Prejudice
~ Formation of Prejudice
~ Results of Prejudice
~ Method of Reducing Prejudice
Unit : 2 Propaganda
~ Meaning of Propaganda
~ Technique of Propaganda
Unit : 3 Groups
~ Meaning of Group
~ Nature of Group
~ Types of Group
Unit : 4 Leadership
~ Meaning of Leader and Leadership
~ Functions of Leader
~ Types of Leader
Unit : 5 Collective Behaviour
~ Meaning of Crowd
~ Characteristics of Crowd
~ Meaning and Nature of Fashion
~ Why peoples accept Fashion ?
~ Psychology of Rumours
Referents Books:
- Social Psychology – Soloman Asch
- An Outline of Social Psychology – Sheriff & Sheriff
- Social Psychology – I. M. Newcomb
- Social Psychology – Jamnadas & Co., Dr. Bhalara, Dr. Dadhaniya, Dr. Jarsaniya
- Social Psychology – जमनदास विभाग, बालाजी, भाल, जार्सनिया
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Health Psychology

Course (Paper) Unique Code  CORE  1601270101040902
Course (Paper) Unique Code  ELECTIVE-1  1601270201040902
Course (Paper) Unique Code  ELECTIVE-2  1601270301040902

External Exam Time Duration:

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Course Objectives:

This course should help Students:
1. Appreciate how individual behaviour is influenced by Health and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Health Psychological Theories
3. Realise how Health Psychological knowledge can be used in Solving Health Problems.

Course Outline:
Unit-1 Introduction to Health Psychology
~ Introduction
~ Definition of Health Psychology
~ Definition of Health Psychology
~ Development of Health Psychology
~ Nature of Health Psychology
Unit : 2 Models of Health
~ Biopsychosocial Model
~ Biomedical Model
~ Psycho-cultural Model
~ Health Belief Model
Unit : 3 Lifestyle and Health
~ The Theory of Reasoned Action
~ Health Seeking Behavior
~ The Theory of Planned Behavior
~ Self Regulation Theory
~ Indian views of Health
Unit : 4 Health Promoting and Health Damaging Behavior
~ Promoting Behavior
~ Damaging Behavior
Unit : 5 Health Related Disease
~ Stress
~ Heart Disease
~ Diabetes
Reference :
~ Alams and Abrams : "Health Psychology"
   La Jolla ca University, 1983
~ Shelley Talyor, "Health Psychology" M.C. Graw Hill,
   New Delhi, 2003
~ Fridman : "Health Psychology" Prentice Hall, N.W. 1989
~ David Marks, "Health Psychology" Sage Publication, 2004
~ Mathur S. "Health Psychology" Vinod Publication, Agra
~ आलोचनाविश्वास, डॉ. ज्ञ. परमर, आर.श्री. परमर, ज्ञ. र. शिशर
# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 10 : System and Theory of Psychology-2

### Course (Paper) Unique Code

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### Course Objectives:

This course should help Students:
1. To impart knowledge about the systems of Psychology.
2. To make students understand the nature and course of various schools of Psychology

### Course Outline:

Unit-1 : Gestaltism  
~ Meaning  
~ Principal of Gestalt Psychology  
~ Laws of Organization in Perception  
~ Contribution of Wertheimer, Kohler, Koffka

Unit : 2 Field Theory  
~ Field Theory and Life Space Theory  
~ Contribution of Kurt Lewin

Unit : 3 Psycho-Analysis-I  
~ Basic Introduction of Psycho-Analysis  
~ Principal of Psycho-Analysis (Singmand Frued)

Unit : 4 Psycho-Analysis-II  
~ Adler's Individual Psychology  
~ Principals of Psycho-Analysis by Adler  
~ Jung's Analytical Psychology  
~ Contribution of Alder and Jung in Psychology

Unit : 5 Hormic Psychology  
~ Introduction of Purposivism  
~ Theory of Medougall
Reference:
~ Woolman B. : Contemporary Theories and Systems of Psychology
   Harpea Publishing Co. N. Y. 1960
~ Theory and System. B.A. Parikh, Uni. Granth Nirman Board
~ Dr. B.A. Parikh : Siddhanto and Sampradayo, Uni.
   Granth Nirman Board
~ Woodworth – School of Psychology
~ ढ. राजा – मनोविज्ञान विश्वविद्यालय पूर्व निर्माण भाग

—संपर्क— द पूर्व —
Course Outline:

[Any Five Practical are to performed and reported to Journal]

~ Make Learning (Trial and Error Learning)
~ Whole v/s Part Method of Learning
~ Concept Formation
~ Measurement of Illusion by Muller – Lyer of Vertical Method using the Method of average error
~ Judging Emotion from Photographs
~ Span of Attention
~ Immediate Memory Span
~ Mental Fatigue

Reference:
~ Experimental in Psychology by Postmam L and J.P. Eng.
  Harper and Row, New York
~ Experimental Psychology : Woodworth, Oxford Press 1971
~ Prayogik Manovigyan : Dr. S.C. Kanawala, University Granth Nirman Board
  ~ मनोविज्ञानिक प्रयोगों – मानव प्राकृतिक
  ~ मनोविज्ञान द्वारा प्रयोगों – अभिविद्युत प्राकृतिक
  ~ प्रायोगिक मनोविज्ञान – मानव प्राकृतिक
  ~ प्रत्ययोगिक – यूनियन, अंग्रेजीमाल बोर्ड
  ~ प्रत्ययोगिक – मोडेल
Course (Paper) Unique Code  CORE  1601270101051200

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Course Objectives:
This course should help Students:
1. To impart knowledge about the Methodology of Psychology
2. To make students understand the nature and course of various Methods of Psychology

Course Outline:

Research Methods

Unit-1 : Introduction Process
~ Introduction
~ Definition of Research
~ Stages of Research
~ Usefulness of Social Research

Unit : 2 Experimental Method
~ Meaning of Experiment
~ Characteristics of Experiment
~ Variables and Stages
~ Explain Experimental Errors

Unit : 3 Survey Method
~ Meaning of Survey
~ Stage of Survey Planning
~ Problems of Survey Planning
~ Pretest and Pilot Survey

Statistics

Unit : 4 Statistics and Measurement
~ Meaning and Necessity of Studying the Statistics Method
~ Meaning of Score, Types and Types of Series (Continuous –Discrete)
~ Significant Digit and Approximate Value of Statistical Figures

Unit : 5 Frequency Distribution
~ Preparing a Frequency Distribution Table, Class, Intervals Mid Value, Limit of Class (Levels)
Graph Methods, Histogram, Frequency Polygon, Frequency Curve and Cumulative Frequency Curve (In Short)

Unit : 6 Measures of Central Tendency

What is Measure of Central Tendency

What is mean and Median? Explain in Detail

Long Method and Short Method of Computing of mean from Grouped and Ungrouped data

Computing of Median from Grouped and Ungrouped data

Uses of Mean and Median

Reference:

Seltiz Jahoda, Deutch, Coole "Research Methods in Behavioral Science", New York, 1953


Kerlinger F.N.: "Foundation of Behavioral Research" 5th Editions

2000, Delhi


B.F. Anderson: "Experimental Psychology"

Goilford J.P. – Fundamental Statistics in Psychology & Education

Statistics in Psychology Research – By Suresh Parekh
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 13 : Physiological Psychology (Introduction)

Course (Paper) Unique Code  CORE  1601270101051300

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. Imparting basic information regarding the fundamental Physiological basics of Behaviours
2. Getting a basic outline of Nervous System in connection with behaviour.
3. Providing basic information regarding the science of genetics.

Course Outline:
Unit-I : Introduction to Physiological Psychology
~ Introduction of Physiological Psychology
~ Meaning of Physiological Psychology
~ Discussion of Mentally and Physical Relation
~ Nature & Scope of Physiological Psychology
Unit : 2 Internal Environment of Body
~ Introduction of Internal Environment of Body
  ~ Metabolism  ~ Enzymes  ~ Vitamins  ~ Hormones  ~ Genes
Unit : 3 Neuron Cell
~ Meaning of Neuron Cell – Structure and Function
~ Nerve Impulse
~ The all or none Principle
Unit : 4 Nervous Systems
  i. Central Nervous System (CNS)
     > Cerebellum Structure and Function
     > Cerebrum Structure and Function
     > Thalamus & Hypothalamus
     > Spinal Code
  ii. Peripheral Neurons System (PNS)
     > Somatic Nervous System
     > Autonomic Nervous System
Unit : 5 Sensory Mechanisms
~ Sensory Mechanism
~ Motor Mechanism
Reference:
- M.A. Wenger, "Physiological Psychology" Jones and Jones, 1976
- Deutch and Deutch, "Physiological Psychology"
- Carlson N.R. "Foundations of Physiological Psychology" Buston Allyand, Bacon, 1988
- Thompson R.E. : "Introduction Physiological Psychology" Harper & Row Publication
- KapadiyaU. "Physiological Psychology"
- आर्टिकल मनोविज्ञान – अन्वय प्रसंसन – आर्टिकल, गंगा
- आर्टिकल ब्लड मनोविज्ञान – आर्टिकल ब्लड मनोविज्ञान
- आर्टिकल मनोविज्ञान – आर्टिकल ब्लड मनोविज्ञान – आर्टिकल ब्लड मनोविज्ञान – आर्टिकल ब्लड मनोविज्ञान – आर्टिकल
Course Objectives:
This course should help Students:
1. Teaching a student the basic concept of Abnormal Behaviour.
2. To impart knowledge of Psychosomatic disorders.
3. To impart knowledge of various disorders.

Course Outline:

Unit-I: Introduction to Abnormal Psychology
~ Introduction
~ Definition, Nature and Scope of Abnormal Psychology
~ Difference between Normal and Abnormal Behavior
~ Approaches of Abnormal Behavior

Unit : 2 Causes of Abnormal Behavior
~ Physical Causes
~ Psychological
~ Socio-Cultural

Unit : 3 Neuroses
~ Meaning of Neurosis
~ Causes
~ Types
~ Treatment

Unit : 4 Schizophrenia
~ What is Schizophrenia ?
~ Causes
~ Types
~ Treatment

Unit : 5 Psychosomatic Disorders
~ What is a Psychosomatic Disorders ?
~ Peptic Ulcer, Allergic, Asthma, Migraine Hypertension
Reference:
~ Carson, Butcher and Mineka, "Abnormal Psychology and Morden Life" 11th Ed.
~ असाधारण मनोविज्ञान — पुंजीविद्वेद्य मंथ निर्मान बोर्ड, पी. महलखान पटेल
~ असाधारण मनोविज्ञान — शी. अंकेल. नायक प्रकाशन
~ भिक्षा मनोविज्ञान भाग 1–2, पुंजीविद्वेद्य मंथ निर्मान बोर्ड, कुलमण्डन भक्च नायक
~ विश्वविद्यालय मनोविज्ञान पुंजीविद्वेद्य मंथ निर्मान बोर्ड, पोलेंद्रनाथ नं. टेसारा, राजस्थान
~ मंगलम अने मनोरोगवाद, सुभिता प्रकाशन, प्र. सुंदर पारेश, प्र. टिलेश डावलीया, प्र. जयेन्द्र जारालीया
**FACULTY OF ARTS**  
**Syllabus**

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 14 : Counseling Psychology-I

**Course (Paper) Unique Code**  
**CORE**  
**1601270101051402**

**External Exam Time Duration:**

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<td>Counseling Psychology-I</td>
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</table>

**Course Objectives:**

This course should help Students:
1. Use of Counseling Psychology
2. Goal of Counseling Psychology
3. Meaning of Professional issues
4. Education and Training in Counseling

**Course Outline:**

Unit-1 : Introduction to Counseling Psychology
~ Introduction
~ Meaning of Counseling Psychology
~ Goal of Counseling
~ Types of Counseling

Unit : 2 Professional Issues, Ethics
~ Meaning of Professional Issues
~ Ethics
~ Education and Training of Counselor

Unit : 3 Need of Counseling
~ Problem of Indian Students in Counseling
~ Characteristics of Counselor

Unit : 4 Counseling Relationship
~ What is Counseling Relationship ?
~ Characteristics of Counseling Relationship
~ Dimension of Counseling Relationship
~ Area of Counseling

Unit : 5 Counseling Interview
~ Meaning of Counseling Interview
~ Purpose and Importance of Counseling Interview
~ Process of Counseling Interview
Reference:
~ Belkin, "Introduction to Counseling Psychology" Holt Rinehart, N.Y. 1994
~ S. Patel : "Salah Manovigyan" University Granth Nirmal Board, 3rd Ed. 2001,
~ Bordin E.S. Psychological Counseling
**FACULTY OF ARTS**  
Syllabus

**Subject: PSYCHOLOGY**  
Course (Paper) Name & No. 14 : Industrial Psychology-I

**Course (Paper) Unique Code**  
CORE  
1601270101051501

<table>
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</table>

**Course Objectives:**  
This course should help Students:
1. Understand the basic concepts of Industrial Psychology
2. To impart knowledge of individual differences.
3. To impart knowledge of job satisfaction, Productivity, Industrial Motivation

**Course Outline :**

Unit-I : Introduction to Industrial Psychology
~ Introduction of Industrial Psychology
~ Definition Nature and Scope
~ Important

Unit : 2 Employees Interview and Related Techniques
~ Employees Interview
~ Cash History
~ Application Blank (Bio-Data)
~ Letter of Recommendation

Unit : 3 Job Descriptions
~ Introduction
~ Job Description
~ Meaning of Job Analysis and Its uses
~ Job Analysis Methods
~ Importance Criteria of Job Success
~ Worker Analysis

Unit : 4 Meaning of Productivity
~ Introduction
~ Productivity and Fatigue
~ Factors affecting Productivity and Fatigue
~ Monotony and Boredom
Unit: 5 Work Motivation, Incentives of the Employees

- Introduction
- Work Motivation
- What is Incentive?
- Financial and Non Financial Incentive

Reference:
- Ryan T.A. and Smith P.C.: Principal of Industrial Psychology
- Smith May an Introduction to Industrial Psychology
- Elements of Industrial Psychology – Harrell
- Mayers C.S. Industrial Psychology – Oxford University Press
- B.A. Parikh – Industrial Psychology – Granth Nirman Board
- Madhurika Umarvadiya – Industrial Psychology – Granth Nirman Board
- ओवेरी एंड नियोविल्सन – पुस्तक प्रकाशन
- ओवेरी एंड नियोविल्सन – विश्व प्रकाशन
Subject: PSYCHOLOGY
Course (Paper) Name & No. 15 : Psychological Essays-1

Course Outline : [ANY TWO]
1. Leadership
2. Psychology of Advertisement
3. Hypnotism
4. Stress
5. Theory of Dream

Reference :
~ B. Kuppuswamy : "Social Psychology Challenge"
~ भ. बुझोनाथ कुमार : सिंगलोत्सव सामाजिक - शस्त्र, पान, खूप, पेड़, रक्षा, मन
Course (Paper) Unique Code  CORE  1601270101051601

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. Understanding the application of Psychological principles in the process of education
2. Develop skills of analysis and synthesis of theoretical approaches to education
3. Critically evaluate various applications of psychology in educational settings.

Course Outline:

Unit-1: Introduction
~ Definition of Educational Psychology
~ Nature and Scope of Educational Psychology
~ Importance of Educational Psychology

Unit: 2 Teaching and Teacher
~ What is Teaching?
~ Teacher and the Learning Progress
~ Teacher Qualification and his Task

Unit: 3 Educational Significance
~ Educational Significance (Impotent) of Physical Growth and Development
~ Educational Significance (Impotent) of Mental and Social growth and Development

Unit: 4 Educational Motivations, Attitudes, Interest
~ Role of Motivation in Education
~ Attitudes of Education
~ Interest of Education

Unit: 5 Study Methods
~ Effective Factors of Study
~ Effective and Efficient Study Method
Reference:
~ Psychology & Teaching – 2nd Ed. Morse & Wingo D.B. Taraporwala
~ Elements of Educational Psychology – Skinner – Asian Student Edition Asia Publishing
  House Bombay
~ Educational Psychology Lee, J. Cronback Ruport – Hear – Davis 3 Upper James Street.
~ Educational Psycho & Guidance – Bhatia & Safaree – Dhanpatri & Sons, Lullunder, Delhi
~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad
~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat
~ Outline of Educational Psychology Crow little field Admas & Co., Patterson, New Jersey.
Course Objectives:
This course should help Students:
1. Understand the rationale, strengths and limitations of the experimental method of gaining knowledge about mental and behavioral processes; learn how to do experimental and non-experimental studies.
2. Know how to use the various methods used in experimental psychology, including those for humans, both instrument and non-instrument based.
3. Learn to use Psychology and other information sources.
4. Course Outline:
Unit 1: Introduction to Psychology of Married Life
~ Introduction to Psychology of Married Life
~ Meaning
~ Purpose of Marriage
~ Maturity of Marriage
Unit 2: Fitness of Human Marriage
~ Introduction
~ Types of Fitness for Marriage
~ Processing System of Heredity
~ Venereal Disease
Unit 3: Gender Roles
~ Introduction
~ Development of Role Concept
~ Gender Role and Stereotype Attitude
Unit 4: Marital Problems
~ Marital Conflict
~ Causes of Marital Conflict
~ Divorce
~ Suggestions for Marital Success
Unit 5: Adjustment in Marriage
~ Adjustment in Marriage
~ Important of Love in Marriage
~ Love as an appraisal of Arousal
Acceptance Behavior

Reference:

~ Jeffery, Spencer: "Human Sexuality in World of Diversity" Allayn Becon, 1993


~ Dr. Stone: "Marriage Manual" 5th Ed.

~ Dr. Madhusudan Baxi: "ह्यूमन सेक्सुअलिटी अने प्रेमाच ज्योतिर्लिम्बाने"
Viral Publ. Ahmedabad

~~~~ T.Y.B.A. – Sem. 5 अभ्यासक्रम पूर्ण ~~~~
Course Outline:
[Any Five Practical are to performed and reported to Journal]

- Division of Attention
- Studies of Suggestion through Progressive Weight Methods
- Meaningfulness and Learning
  - Problem Solving
  - Mirror - Drawing
- Compression of Control and Free Association
- Fluctuations of Attention
- Comparative study of the Method of Rank order and paired Comparison though Color Preference

Reference:
- Experimental Psychology : Woodworth, Oxford Press 1971
- Prayogik Manovigyan : Dr. S.C. Kanawala, University Granth Nirman Board
- Experimental Psychology : Dr. I.D. Gujarati

- मनोविज्ञानिक प्रयोगों – मानस प्रकृति
- मनोविज्ञान मे प्रयोग – अधिवेशन प्रकृति
- प्रयोगिक प्रेमित्तल – पुनि. अंगगतिता बोध
- प्रयोगिक प्रेमित्तल – अंगपादर
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 18 : Research Methods & Statistics - II

Course (Paper) Unique Code  CORE  1601270101061800

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. To impart knowledge about the Methodology of Psychology
2. To make students understand the nature and course of various Methods of Psychology

Course Outline:
Unit-1 : Sampling Method
~ Introduction
~ Meaning of Universe and Sample
~ Sampling Methods
Unit : 2 Questionnaire Method
~ Meaning of Questionnaire
~ Foundation of Questionnaire
~ Subject Matter of Question
~ Impotent of Words in Question
~ Limitations and Benefit of Questionnaire
Unit : 3 Interview Method
~ Meaning of Interview
~ Types of Interview
~ Work of Interviewer Officer
Unit : 4 A Measures of Dispersion
~ Calculation of Quartile
~ Explain the Quartile Deviation and Standard Deviation
~ Calculation of Quartile Deviation
~ Long and Short Methods of Calculating S.D. From Grouped and Unground Data
~ Utility of Quartile Deviation and Standard Deviation
Unit : 5 Correlations
~ What is Correlation ? Interpretation of Coefficient of Correlation
~ Rank Correlation
Unit-6 : T-test

~ Null Hypothesis and Significance Level

~ Testing of Significance (When mean is not Correlated and Large Sample) by SEM Methods (Only one Method)

~ T-test सर्वांगस्थानी वकलाती (जवाए निकल मोठे (20 वी मोठे) होय अने मध्यक असलंबित होय) मध्यक अने प्रभाव विश्लेषण परती (क्रत अंक ज पहलत)

नोंच : T-test संशोधन क्रम पाठी गणनारी करणारी उपयोगी शोधावृत्ती तेंदू समेधूत आपली.

जेथॅर मादे चुट नीवे प्रमाणे घेते.
1. सूत्र अटकत आपली.
2. प्रभाव भराने सूत्र :

\[
\delta_{Dm} = \sqrt{\frac{\delta^2_1}{N_1} + \frac{\delta^2_2}{N_2}}
\]

3. \( t \) - सूत्र :-

\[
t = \frac{M_1 - M_2}{\delta_{Dm}}
\]

नोंच : हे मध्यक मोठी होय तेमांती नाही मध्यक भाड क्री 't' घोष.

4. स्वतंत्रती भाणा माहौल सूत्र :

\[
df = N_1 + N_2 - 2
\]

5. मित्रांशक : 
1. " \( t \)" नी सॉफ्टवर डिस्प्लेज मोड व्हेला करता मोठी होय तो हे मध्यक व्यक्ती ताहायत सार्थक गडाय अने सूत्र अटकत अस्वीकार अने.
2. पहा हे " \( t \)" नी सॉफ्टवर डिस्प्लेज मोड व्हेला करता नाही होय तो हे मध्यक व्यक्ती ताहायत असार्थक गडाय अने सूत्र अटकत स्वीकार अने.

Reference :

~ Fundamental Statistics in Psychology and Education By Guilford P.
~ Statistics in Psychology Research – By Suresh Parekh
~ Method of Experimental Psychology – By Zimmy G. N.
~ Seltiz Jahoda, Deuch, Cook : "Research Methods in Behavioral Science" \, New York, 1953
~ Festinger and Katz : "Research Methods in Behavioral Science"
~ Kothari C.R. : "Research Methodology" 2nd Edition New Delhi, Wishwa Prakashan
~ B.F. Anderson : "Experimental Psychology"
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 19 : Physiological Bases of Behaviours

Course (Paper) Unique Code  CORE  1601270101061900

External Exam Time Duration:

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<td>Physiological Bases of Behaviours</td>
<td>03</td>
<td>30</td>
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Course Objectives:

This course should help Students:
1. Imparting basic information regarding the fundamental Physiological basics of Behaviours
2. Getting a basic outline of Nervous System in connection with bahaviour.
3. Providing basic information regarding the science of genetics.

Course Outline:

Unit 1 : Physical bases of Perception
~ Introduction
~ Visual Perception
~ Auditory Perception
~ Test and Small Perception
~ Skin Perception

Unit : 2 Physical bases of Motivation
~ Introduction
~ Hunger Motivation
~ Thrust Motivation
~ Rest and Sleep Motivation (In Short)
~ Sexual Motivation (In Short)

Unit : 3 Physical bases of Emotion
~ Introduction
~ Meaning of Emotion
~ Emotion and Autonomic Nervous System
~ Lie Detector

Unit : 4 Physical bases of Adoptive Behaviour
~ Physical bases of Learning
~ Physical bases of Memory
~ Physical bases of Thinking
Unit : 5 Physical bases of Personality

~ Intelligence
~ Feeble and Mindedness
~ Improving Intelligence
~ Drug and Personality
~ Psychosomatic and Psychotherapeutic Medicines

Reference :
~ M.A. Wenger, "Physiological Psychology" Jones and Jones, 1976
~ Deutch and Deutch, "Physiological Psychology"
~ Carlson N.R. "Foundations of Physiological Psychology" Biston Allyand, Bacon, 1988
~ Kapadiya U. "Physiological Psychology"
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 20 : Abnormal Psychology (Therapies)

Course (Paper) Unique Code  CORE  1601270101062001

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. Teaching a student the basic concept of Abnormal Behaviour.
2. To impart knowledge of Psychosomatic disorders.
3. To impart knowledge of various disorders.

Course Outline:
Unit-1 : Introduction of Clinical Diagnosis
~ Introduction of Clinical Diagnosis
~ Types of Clinical Diagnosis
~ Important of Clinical Diagnosis

Unit : 2 Psychotherapy
~ Introduction
~ Meaning Goal of Psychotherapy
~ Methods of Psychotherapy
1. Karl Rogers 2. Froude 3. Allis

Unit : 3 Physical Therapy
~ Introduction Meaning
~ Convulsive Therapy
1. Insulin Coma Therapy 2. Electroconvulsive Shock Therapy
~ Pharmacy Therapy
~ Neurosurgery

Unit : 4 Mental Health
~ Meaning of Mental Health
~ Characteristics of Healthy Person
~ Rules of Mental Health

Unit : 5 Indian Treatment Therapy
~ Meditation
~ Yoga
~ Water Therapy
Reference:
~ Carson, Batcher and Mineka, "Abnormal Psychology and Modern Life" 11th Ed.
~ असाधारण मनोविश्लेषण – गुरुनवर्तित वंश निर्माण ओर्ड, डॉ. महचाल पटेल
~ असाधारण मनोविश्लेषण – भी. अंकल, महामार्ग, पुणे
~ विद्वान मनोविश्लेषण वर्ग १-२ गुरुनवर्तित वंश निर्माण ओर्ड – खुमनेन नाग
~ विद्वान मनोविश्लेषण गुरुनवर्तित वंश निर्माण ओर्ड – योगेन्द्रचarry ५. रेसर्ट, नागपूर
~ मानववेश अनेक मनोविष्कार, सुधिता प्रकाशन – डॉ. सुरेन्द्र पारेव, डॉ. विनोद पालीया, डॉ. जयन्त जार्जालीया
### FACULTY OF ARTS

#### Syllabus

**Subject: PSYCHOLOGY**  
**Course (Paper) Name & No. 20 : Counseling Psychology - II**

**Course (Paper) Unique Code**  
**CORE 1601270101062002**

**External Exam Time Duration:**

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**Course Objectives:**

This course should help Students:

1. Familiarizes students with nature and process of counselling
2. Know the major theories and techniques and exposes students to the different field of application of counselling

**Course Outline:**

- Unit-1 : Approaches of Counseling
  - Psychoanalysis
  - Self Approach
  - Behavioral Approaches

- Unit : 2 Counseling Process
  - Meaning of Counseling Process
  - Stage of Counseling Process
  - Effective variable of Counseling Process

- Unit : 3 Indian Contributions in Counseling
  - Indian Contribution in Counseling
  - Yoga
  - Mediation

- Unit : 4 Child Counseling
  - Family Counseling
  - Counseling in Schools
  - Carrier Counseling

- Unit : 5 Alcohol and Drug Abuse
  - Alcohol and Drug Abuse
  - Group Counseling
  - Crisis Intervention Counseling
Reference:


~ Belkin, "Introduction to Counseling Psychology" Holt Rinehart, N.Y. 1994

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 21 : Industrial Psychology - II

Course (Paper) Unique Code  CORE  1601270101062101

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Course Objectives:
This course should help Students:
1. Understand the basic concepts of Industrial Psychology
2. To impart knowledge of individual differences.
3. To impart knowledge of job satisfaction, Productivity, Industrial Motivation

Course Outline:
Unit-1 : Individual Differences
~ Meaning of Individual Differences
~ Nature
~ Importance in Industrial Sector
~ Effect of Training of Individual Differences

Unit : 2 Psychological Test
~ Mining and Definition of Psychological Test
~ Nature of Standard Psychological Test
~ Utility of Psychological Test Industrial Field

Unit : 3 Utility and Psychological Test
~ Aptitude and Achievement Test and its Utility
~ Personality and Interest Test and its Utility

Unit : 4 Job Satisfaction
~ Introduction
~ Factor affecting of Job Satisfaction
~ Industrial Moral
~ How to boost up Moral of the Workers?

Unit : 5 Accidents
~ Introduction
~ Nature and Causes of Accident
~ What is Accident Proneness?
~ Factors Affecting Accident Proneness
~ Prevention – Reduction of Accidents
Reference:


Course Outline:

[ANY TWO]

1. Propaganda
2. Memory
3. Mental Health
4. Sexual Disorder
5. Personality

Reference:

- B. Kuppuswamy: "Social Psychology Challenge"
- मनोविद्यालिक निपटने: सी. जम्मुकान्नी कुप्सी – थोड़, प्लप्पा, गिप्पी, प्लप्पा, राज्यवत, साह
FACULTY OF ARTS
Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 22 : Educational Psychology - II

Course (Paper) Unique Code  CORE  1601270101062201

External Exam Time Duration:

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Course Objectives:
This course should help Students:
1. Understanding the application of Psychological principles in the process of education
2. Develop skills of analysis and synthesis of theoretical approaches to education
3. Critically evaluate various applications of psychology in educational settings.

Course Outline:

Unit-1 : Transfer of Training
~ Meaning of Transfer of Training
~ Experimental Studies of Transfer of Training
~ Theory of Transfer of Training
~ Important of Transfer of Training

Unit-2 : Individual Differences
~ What is Individual Difference ?
~ Nature of Individual Differences
~ Individual Difference and their Educational Significance
~ Teacher's Roll among Individual Differences

Unit-3 : Character Developments
~ Definition of Character ?
~ Importance of Character in Education
~ Roll of Family and School in Character Development

Unit-4 : Learning and Discipline & Creative Thinking
~ Learning and Discipline
~ Discipline – Meaning Nature
~ Discipline Problems in Class Teaching, Its Formatting
~ Creative Thinking – Meaning, Stapes
Unit-5 : Mental Health, Guidance and Educational Evaluation

~ Definition of Mental Health
~ Mental Health of Students and Teacher
~ Meaning, Nature and Importance of Guidance
~ Tools and Theory of Guidance
~ Techniques and Limitation of Educational Evolution

Reference :
~ Psychology & Teaching – 2nd Ed. Morse & Wingo D. B. Taraporwala
~ Elements of Educational Psychology – Skinner – Asian Student Edition Asia Publishing House – Bombay
~ Educational Psychology – Lee. J. Cronback Ruport – Hear – Davis 3 Upper James Street.
~ Educational Psycho & Guidance – Bhatia & Safaree – Dhanpatrai & Sons, Lullunder, Delhi
~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad
~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat.
~ Outline of Educational Psychology Crow Little Field Admas & Co. Patterson, New Jersey.
Course Outline:

Unit-1: Introduction to Sexuality
- Introduction
- Human Sexuality
- Education of Human Sexuality
- Need for Education in Human Sexuality
- Sexual Relations

Unit-2: Male Sex Organs
- Introduction
- Structure and Function
  - External ~ Internal
- Structure of Seminal
- Male Sex Hormones

Unit-3: Female Function
- Structure and Function
  - External ~ Internal
- Ovulation and Menstruation
- Female Sex Hormones

Unit-4: Art of Sex
- Introduction
- Coital Process
- The Defloration
- Foreplay
- Orgasm
- Coital Positions
Unit – 5 Deviant Sexual Behaviour

~ Normal Versus Deviant Sexual Behaviour
~ Fetishism
~ Transvestism
~ Exhibitionism
~ Voyeurism
~ Sexual Masochism and Sexual Sadism
~ Rape
~ Prostitution

Reference:
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~ Sexual Behaviour - Crow Little Field Admas & Co. Patterson, New Jersey.
~ Psychology of Sex – Dr. R. G. Parmar, 2016