



SAURASHTRA UNIVERSITY

RAJKOT

MASTER OF PHILOSOPHY

CHOICE BASED CREDIT SYSTEM (C.B.C.S.)

FOR

PSYCHOLOGY

SYLLABUS

M.Phil. SEMESTER-I & II PROGRAMME

(A draft of C.B.C.S. Courses in M.Phil. Psychology Submitted for Revision of Curriculum to be executed from June, 2016)

By

DEPARTMENT OF PSYCHOLOGY

SAURASHTRA UNIVERSITY

RAJKOT-360005

GUJARAT, INDIA.

SAURASHTRA UNIVERSITY
ARTS FACULTY
SUBJECT: PSYCHOLOGY (M.Phil. Semester I & II Programme)

No.	Core/ Elective / Ict.	Name of Course	Credits	IM	EM	TM	Course/ paper Code
M.Phil. Semester-I							
1	CCT-01	Research Methodology & Statistics	04	30	70	100	16012701 03010100
2	ECT-01	Personality Measurement	04	30	70	100	16012701 03010201
	ECT-01	Psychology of Effective Teaching	04	30	70	100	16012701 03010202
	ECT-01	Psychology of Communication	04	30	70	100	16012701 03010203
Total			8			200	
No.	Core/ Elective / Ict.	Name of Course	Credits	IM	EM	TM	Course/ paper Code
M. Phil. Semester-II							
1	ECT-02	Psychology of Mental Hygiene	04	30	70	100	16012701 03020301
	ECT-02	Organizational Behaviour	04	30	70	100	16012701 03020302
	ECT-02	Human Resource Management	04	30	70	100	16012701 03020303
2	CCT-02	Dissertation	08		200	200	16012701 03020400
Total			12			300	

*IM= Internal Marks,
**EM= External Marks,
***TM= Total Marks

DEPARTMENT OF PSYCHOLOGY
SAURASHTRA UNIVERSITY
RAJKOT

STRUCTURE OF M.Phil. SEMESTER-I & II PROGRAMME
(To be implemented from June-2016)

Students can opt Semester I and II for M.Phil. Degree in Psychology. There will be two types of courses viz. Core Course and Elective Course. There will be two courses with 08 Credits in first Semester and two courses with 12 Credits in second Semester. There will be four hours classroom teaching per theory Course and fifteen week work in a semester. For one hour classroom work per week one credit is to be assigned. M.Phil. Degree in Psychology is considered of 500 marks with 20 credits Each theory Course requires 4 credits and is carrying 100 marks. Whereas Dissertation requires 8 Credits and is carrying 200 marks.

For each semester the hours per week and credit will be assigned as under:

Semester	Courses		
	Number of Courses	Hours per week	Credits
Semester-I	02	08	08
Semester-II	02	12	12
Total	04		20

- Allocation of Hours for Practical /Dissertation
 - (i) Personal Guidance 40 Hours
 - (ii) Fieldwork and Report writing 80 Hours
- Marks assigned and its division into External & Internal Examination :
 - (i) External Exam marks 70
 - (ii) Internal Exam Marks 30
 - Total 100 Marks
- Scheme for Internal Examination 30 Marks
 - (i) Assignment Writing 10 Marks
 - (ii) Seminar Paper Presentation 10 marks
 - (iii) Internal Examination 10 marks
- Marking Scheme for Dissertation 200 Marks

At present only an external examiner evaluates the dissertation by the way of marks.

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **RESEARCH METHODOLOGY & STATISTICS/CCT- 01**

Course (Paper) Unique Code: **1601270103010100**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil..	I	Core	CCT-01	RESEARCH METHODOLOGY & STATISTICS	04	30	70	100	

Course Objectives:

1. To acquaint students with various aspects of research process in psychology.
2. To acquaint students with various statistically techniques required to analyze the data of research.

UNIT-I

Research Methodology: Meaning of Research - Objective of Research-Motivation in Research - Types of research - Significance of Research, Research Methods versus Methodology - Research & Scientific Method - Research Process - Criteria of Good Research.

Research Problem and Research Design: What is a Research problem? Selecting the problem- Necessity of Defining the problem - Technique Involved in Defining problem. Meaning of Research Design -Needs for Research Design- Features of a Good Design - Important Concepts Relating to Research design - Basic Principles of Experimental design - Different types of Research design. 2x2x2 Factorial Design with example.

UNIT-II

Sample Design Census and sample survey - Implications of a sample Design steps in sampling design - Criteria for selecting a sampling procedure - characteristics of a Good sample design- Different types of sample designs - How to select a Random sample ? Complex Random sampling designs.

Interpretation and Report Writing: Meaning of Interpretation - why interpretation? Technique of interpretation - Precaution in interpretation significance of Report Writing - Different steps in writing report-Layout of the Research report - types of Reports - Precautions for writing Research Report - Conclusions.

UNIT-III

Testing of Hypotheses: What is Hypothesis? Basic concepts concerning Testing of hypotheses - Types of Hypotheses - 't' test and χ^2 test. Other relevant testing Methods.

Cor-relation and its methods: Special correlations - Biserial correlation - Point biserial-Tetrachoric- Pre-correlation - Partial & Multiple correlation.

UNIT-IV

Analysis of variance (ANOVA): What is ANOVA? - The Basic Principle of ANOVA - ANOVA - Technique - One-way- Two way & Three ANOVA – Hypothetical example of ANOVA. Means difference Tests e.g. LSD etc.

Analysis of Co-variance & other Techniques: What is ANOCOVA? ANOCOVA Technique- Assumptions in ANOCOVA - ANOCOVA and Factor Analysis (General Introduction of its) the computer- its role in research. The utilities of computer in statistics.

REFERENCES

Edwards, A.L. (1972): Experimental Design in Psychological Research, N.Y.: Holt Rinehart & Winston.

Garrett, H.E. (1961): Statistics in Psychology and Education, Bombay: Allied Pacific Pvt. Ltd.,

Guilford, J.P. (1968): Psychometric Methods; N.Y.: McGraw Hill.

Kothari, C.R. (1998): Research Methodology-Methods & Technique (22nd reprint).New Delhi: Wishwa Prakashan.

Maxwell, A.E. (1963): Experimental Design for Behavioural and Medical Sciences, Perfamon Press.

Uchat, D.A. (2009): "Research Methods in Education & Social Sciences" Rajkot.

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **PERSONALITY MEASUREMENT/ ECT-01**

Course (Paper) Unique Code: **1601270103010201**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil.	I	Elective	ECT-1	PERSONALITY MEASUREMENT	04	30	70	100	

Course Objectives:

1. To familiarize students with the key approaches to the study of personality.
2. To help students understand the various approaches to measure personality.
3. To acquaint students with the procedure of construction, administration and interpretation while using various tools to measure personality.

UNIT-I

Approaches to the study of Personality: General Introduction to the concept of personality Biological / Type Approach - Theories of Krestschmer, Sheldon and Eysenk - A Brief Introduction. Psychoanalytic Approach - Theories of Freud, Jung, Adler and Murray - A Brief Introduction. Behavioural & Social - cognitive Approach - Theories of Skinner, Bandura and Walter Mischel - A Brief Introduction. Humanistic Approach - theories of Carl Rogers and Abraham Maslow - A brief Introduction. Trait Approach - Theory of Cattell - A Brief Introduction. Evaluation of all the Approaches.

UNIT-II

Personality Measurement through Self-Report Inventories: Approaches of inventory construction Content Validation Approach - Woodworth's Personal Data Sheet, Mooney Problem Checklist and Bell Adjustment Inventory. Empirical Criterion Keying Approach -MMPI and CPI Factor Analysis Approach - Cattell's 16 PF, Guilford- Zimmerman Temperament Survey. Rational - Theoretical Approach - Edwards Personal Preference Schedule, Jackson's Personality Research Form (PRF).

UNIT-III

Personality Measurement through Projective Techniques: Nature of Projective Techniques Rorschach's Inkblot Test Thematic Apperception Test (TAT) Verbal Projective Tests Expressive Techniques General Evaluation of Projective Techniques

UNIT-IV

Personality measurement through Non-Test Instruments: Nature of Behavioural Sample Techniques Observation Method Situational Tests - CEI, OSS etc. Rating Scales Types of Rating Scale General Evaluation of Rating Scales
Issues in the Personality Measurement.

REFERENCES

" Personality : Classic Theories and Modern Research", Delhi :Pearson Education Pte. Ltd., Indian Branch.

Howard S. Friedman and Miriam W. Schustach (2004),

Lorenze A. Pervin (1990), Handbook of Personality: Theory and Research, New York: Guilford Press

Quammer Hussain, "Personality Measurement.

Sarason, "Contemporary Research in Personality."

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FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **PSYCHOLOGY OF EFFECTIVE TEACHING/ ECT-01**

Course (Paper) Unique Code: **1601270103010202**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil.	I	Elective	ECT-01	PSYCHOLOGY OF EFFECTIVE TEACHING	04	30	70	100	

Course Objectives:

1. To help students to acquire a basic understanding of educative process.
2. To acquaint students with various teaching strategies and teaching behaviour.
3. To acquaint students with modern trends in psychology of effective teaching.

UNIT: 1

1. Psychology and the educative process
2. You as a teacher

UNIT: 2

1. Teaching Behaviour
2. Teaching strategies

UNIT: 3

1. Managing Teaching
2. Motivation and discipline

UNIT: 4

1. Evaluation of effective teaching, Modern trends in Psychology of Effective Teaching.
2. Reasoning - Types of Reasoning - Patterns of Reasoning- Performance - Three Approaches to the study of Reasoning.

REFERENCES:

Cronbach, L.J. (1977): Educational Psychology (3rd Ed.) N.Y. : Harcourt Brace Jovanovich.

Decesco, J.P. & Garsford W: (1979): the Psychology of Learning and Instructions, New Delhi: Prentice Hall of India.

Ereig et al.: Contemporary Educational Psychology.

Galotti Kathleen M. (2007): Cognitive Psychology (First Indian Reprint) Thomson & Wadsworth Akash Press, Delhi.

Hillgard, E. R. (1948): theories of Learning N.Y.: Appleton Century Crofts.

Kegan, J. &Lang,C.(1978):Psychology and Education.N.Y.: Harcourt Brace Jovanovich.

Kingsley & Garry (1970): the Nature and Conditions of Learning Englewood Cliffs, Prentice Hall 1970.

Lefrancis, G.R. (1979): Psychology for teaching (3rd edi.) California Wadsworth Publishing Co.

Lingren, H.C. (1976): Educational Psychology in the class room (5th Ed.) New York: Wiley & Son.

FACULTY OF ARTS Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: PSYCHOLOGY OF COMMUNICATION/ECT-1

Course (Paper) Unique Code: 1601270103010203

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil.	I	Elective	ECT-01	PSYCHOLOGY OF COMMUNICATION	04	30	70	100	

Course Objectives:

1. To acquaint students with the importance of communication in psychology.
2. To acquaint students with the various issues related to language development and perception.
3. To make students understand the barriers to communication and ways of effective communication.

UNIT: 1.

1. Psychology and Communication
2. Introduction to the study of Language Development

UNIT: 2.

1. Language perception and thought
2. Language Development in Special populations.

UNIT: 3.

1. Communication in small groups.
2. Mass Communication

UNIT: 4.

1. Theories of Communication
2. Barriers to communication and effective communication.

REFERENCES:

Bethinghaus, E.P. (1968): Persuasive Communication. N.Y. Holt Rinehart & Winston.

Currans et al. (editor) (1977): Mass Communication and Society Arnold.

Eric Hoff (2009) : Language Development, (4th Edition) International Student Edition, UK : Wadsworth Cengage Learning.

George A. Miller (edit, 1973): Psychology and Communication Voice of America Form Series.

Gordon, G.N. (1969): The Language of Communication, N.Y. Hasting House.

Rechardson Lee (ed. 1969): Dimensions of Communication. N.Y. : Appleton Century Crafts.

Smith A. G. (1966): Communication and Culture. N.Y. : Holt Rinehart & Winston.

Tubbs S.L., Moss Sylvia (1977): Human Communication, Random House

FACULTY OF ARTS Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **PSYCHOLOGY OF MENTAL HYGIENE/ ECT-2**

Course (Paper) Unique Code: **1601270103020301**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil.	II	Elective	ECT-02	PSYCHOLOGY OF MENTAL HYGIENE	04	30	70	100	

Course Objectives:

1. To acquaint students with the nature and principals of mental hygiene.
2. To develop awareness about the major approaches to psycho-therapy.
3. To make them learn about how to promote mental health in special groups.

UNIT-1

1. Nature scope and Principles of Mental Hygiene
2. Mental Hygiene Movement.

UNIT-2

1. Nature of Mental Disorders
2. Preventing Mental Disorders.

UNIT-3

1. Major Approaches to Psycho-therapy.
2. Promoting Mental Health Specially in Family, in Education, in Society, in Industry and in one-self.

UNIT-4

1. Stroke: Demographics - classification of stroke – Psychological Impact of a stroke - cognitive sequence of stroke - memory - Psychological Adjustment & others etc.
2. Sleep and Insomnia in later life : Insomnia : Diagnosis - Natural History - sleep & ageing - origins of late-life insomnia - Managing sleep and Insomnia Psychological Theories - Action Programme for Mental Health.

REFERECES :

- Adelson, D. and Kalis, B.L. (1930): Community Psychology and Mental Health: Perspective and Challenges. Pennsylvania: Chandler Publication Co., Atwater, East Wood (1983): Psychology of Adjustment (IInd Ed.) New Jersey: Prentice Hall, Englewood Cliffs.
- Catalano, R. (1979): Health, Behaviour and Community : An Ecological Perspective, New York : Pergamon Press.
- Colman & Broen (1975): Abnormal Psychology and Modern Life. Bombay : D.B. Tarporewala & Sons. Indian Reprint.
- Klien, D.B. (1956): Mental Hygiene (Rev. ed.) N.Y.: Holt Rinehart & Winstion.
- Ruch (1970): Psychology and Life (7th Edi.) Bombay : D.B. Tarpore Wala & Sons.
- Shaffer & Shoben (1956): the Personality of Adjustment. Boston : Houghton Mifflin Comp.
- Sidney, N. Jourard (1958) : Personal Adjustment N.Y. McMillan Co.,
- Woods, Robert & Clare Lindia (Editors 2008). Handbook of the Clinical Psychology of Ageing (2nd Edition England : John Wiley & Sons Ltd., The Otrium, South Gate, Chichester, West Sussex - Po198SQ.

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **ORGANIZATIONAL BEHAVIOUR/ ECT-2**

Course (Paper) Unique Code: **1601270103020302**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Mark s	External Exam Time Duration
M.Phil.	II	Elective	ECT-02	ORGANIZATIONAL BEHAVIOUR	04	30	70	100	

Course Objectives:

1. To understand the concepts of OB
2. To highlight the application of OB Concepts
3. To acquaint students with the recent development in OB Role in Organisations.

UNIT-1

1. Foundation of Organizational Behaviour: Concept of organizational behavior - Nature of OB, contributing Disciplines to organizational Behaviour - Role of Organizational Behaviour - Foundations of OB.
2. Personality: Meaning - Aspects of Personality.

UNIT-2

1. Attitudes: The nature and dimensions of attitudes - Job Satisfaction: What is Job satisfaction? Influence on Job Satisfaction - outcome of Job Satisfaction. Organizational Commitment: Meaning and Outcome of organizational Commitment.
2. Motivation: Meaning of Motivation - Primary Motives - General Motives - Secondary Motives - Maslow's Hierarchy of needs - Herzberg's theory - Alderfer's theory.

UNIT-3

1. Occupational Stress: Meaning of Stress - Causes of Stress - Effects of Occupational Stress - Coping Strategies for Stress.
2. Leadership: The roles of and activities of leadership -leadership skills.

UNIT-4

1. Communication & Decision making: Communication Technology - Non-verbal communication - Interpersonal communication - Downward Communication - Up [ward Communication - Decision making: nature of Decision making - Techniques.

2. Organizational Climate: Organizational Climate: Concept of Organizational Climate- Factors in Organizational Climate - Impact of Organizational Climate.

REFERECES:

Luthans, F. (1985): Organizational Behaviour (4th Eds.), New Delhi: McGraw-Hill Book Company.

Stephen Robbins: Organizational Behaviour.

L. M. Prasad: Organizational Behaviour

Keith Devis: Organizational Behaviour .

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No: **HUMAN RESOURCE MANAGEMENT/ ECT-2**

Course (Paper) Unique Code: **1601270103020303**

External Exam Time Duration:

Name of course	Semester	Core/Elective/ Allied/Practical /Project	Course /Paper code	Course/Paper Title	Credit	Internal Marks	External Marks	Total Exam Marks	External Exam Time Duration
M.Phil.	II	Elective	ECT-2	HUMAN RESOURCE MANAGEMENT	04	30	70	100	

Course Objectives:

1. To acquaint student about Human Resource Concept
2. To make them understand process of selecting and developing human resources.
3. To develop awareness among students about recent trends and practices in managing human resources.

UNIT -1

Introducing Human Resources Concepts: Strategic Role of Human Resources and the HR Scorecard: Nature of HRM, Scope of HRM. Systems Approach to HRM. Traditional HR vs. Strategic HR, HRM in the new Millennium. HRM Human Resources Planning: Process of Human Resource Planning, Responsibility for HRP, Effective Human Resource Planning.

UNIT – 2

Determining, Attracting and Selecting Human Resources: Job Analysis: Uses of job Analysis, Process of job Analysis Method of Collecting job Analysis. Job Description, job Specification, Role Analysis. Job design and Quality of Work Life: Techniques for Designing jobs Recruitment Human Resources: Sources of Recruitment, Methods of Recruitment, Recruitment – Indian Experiences. Employee testing and Selection: Types of Tests, Tests as Selection Tools Interviewing Candidates: Types of Interview, Interview process, Reference Checks.

UNIT – 3

Developing Human Resources:
Appraising and Managing Performance Appraisal Process, Methods of Performance Appraisal. 360 degree Feedback System. Problems with Performance Appraisal. Training and Developing

Employees Need for Training, Systematic Approach to Training Types of Training, Training Methods, Evaluation of Training Career Stages, Career Planning : Concept of Career, Career Stages, Career Planning Career Development, Succession Planning.

UNIT – 4

Recent Trends and Practices in Managing Human Resources

Participation and Empowerment: Forms of Participation. Alternative Approaches to Participation. Prospects of Empowerment.

International Human Resources Management: Pressures of Globalization, Cultural Differences and HRM. International Recruitment Policy. International Selection Criteria, International Training and Development, International Compensation.

REFERENCE TEXT:

Rao V.S.P. (2007). “Human Resources Management: Text and Cases, “Second Edition, Excel Books, New Delhi 2007.

Gary Dessler, (2005). “Human Resources management.” Tenth Edition, p/Pearson-Prentice Hall, New Delhi, 2005.

David A. DeCenzo and Stephen P. Robbins (2004). “Personnel and / Human Resource Management.” Third Edition, New Delhi-2004.

Raymond J Stone. (2005). “Human Resources Management”, John Wiley & Sons, New York, 2005.